

# FOR THE FUN OF IT

## CHOOSE THE RACE!

### Youth Full Triathlon

### & Family Relay



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Youth full triathlon option is for kids 7-12 years old who can complete the entire event individually. Parents are welcome to be present on deck and/or complete the bike/run leg of the course with their child.

Youth Distance: 50 yard swim, 2 mile bike ride, 1/2 mile run.

*Race will not be timed.*

**Entry Fee: \$15/child**



Family Relay option allows 2 or 3 person teams, including at least one adult and at least one child per team. Ages 5+ allowed. Parents are encouraged to complete any/all legs of the race with children.

Relay Distance: 100 yard swim, 3.5 mile bike ride, 1/2 mile run

*Race will not be timed.*

**Entry Fee: \$30 per team**

**Date:** June 3, 2018

**Location:** Aspirus Branch

**Time:** 7:30 am Registration, 8 am

Relay Team Start, 8:30 Individual Start

**Provided:** Participant t-shirt, snack bars and water.

# COMPLETE EITHER YOUTH OR FAMILY EVENT

## YOUTH EVENT

YOUTH NAME: \_\_\_\_\_

ADDRESS \_\_\_\_\_

PARENT NAME \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL ADDRESS (For event updates): \_\_\_\_\_

T-SHIRT SIZE (Circle one): YOUTH S YOUTH M YOUTH L ADULT S ADULT M ADULT L ADULT XL ADULT XXL

## FAMILY RELAY EVENT

SWIMMER NAME \_\_\_\_\_ AGE: \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

BIKER NAME \_\_\_\_\_ AGE: \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

RUNNER NAME \_\_\_\_\_ AGE: \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

ADDRESS \_\_\_\_\_ PARENT PHONE NUMBER: \_\_\_\_\_

EMAIL ADDRESS (For event updates): \_\_\_\_\_

I hereby certify that the participant is in good health and able to participate in this program. I understand the risk and dangers involved in participating in the said program and agree not to participate in any activity that may injure others or myself. For myself and my heirs and assigns, I hereby waive, release and agree to hold free from all claims for damages the Woodson YMCA and its officers, directors, members, employees, agents, or subcontractors.

### PARENT WAIVER

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

This is not a Wausau School District sponsored activity and the opinions expressed are not necessarily those of the school district or its personnel.