



# Family Matters

## Ask the Experts:

June - August 2019

## Ongoing Programs:

### **Bike Rodeo**

Thursday, June 20th, 1pm - 2:30pm at **Hatley Elementary School, 417 Emmons Rd, Hatley**

Cowboys and cowgirls of bicycles come ready for a rootin' tootin' good time to learn about safety! Wrangle your bicycle and stop by for some pedaling fun with instructions on road safety from local police officers as well as helmet education and requirements from certified staff. Children of all ages and their families can stop by throughout the hour for family bonding on bike-back.

**All bikers are required to wear a helmet and bring their own bike to participate. In the event of bad weather, activities will be rescheduled.**

### **Baby Sign Language**

Monday, July 29th, 9am - 10:30am

Presented by Marisa Doll, Marshfield Family Resource Center Coordinator

Baby sign language allows babies as young as 6 months old to begin to communicate their needs without crying. Spend this hour and a half at the **Children's Hospital of Wisconsin, 705 S 24th Ave, Suite 400, Wausau** to learn more about effective communication with your child. Babies of all ages are welcome to attend with their caregiver. Cheat sheets will be available to take home for other family members or caregivers to use when interacting with your baby!

### **Saved by the Bell**

Tuesday, July 16th, 10:30am - 12pm at the **Athens Community Hall, 221 Caroline St., Athens**

Wednesday, July 31st, 10am - 11:30am at the **Mosinee Library, 123 Main St, Mosinee**

Tuesday, August 6th, 4pm - 6pm at the **Children's Hospital of Wisconsin, 705 S 24th Ave, Suite 400, Wausau**

Is your child getting ready to start the exciting merge into kindergarten? Join us at any (or all!) locations above, regardless of school district placement, for hands-on school readiness activities that address every aspect of child development. Feel free to drop in any time throughout the program to participate. Program is suitable for children 3 years and up, but families are welcome to bring older or younger siblings to work on crafts while their brother or sister works through school readiness stations.

All Programming is FREE but registration is required! Childcare may be available, ask when you register.

Register: Call: 715-848-1457, Email: ENowicki@CHW.org, or Text: 715-937-8910

### **LEAP – (Learning Essentials about Parenting)**

Sit back and relax with us for this 9-week series of frank discussions about the joys and trials of parenthood. Topics include building self-esteem, child growth and development, communication skills, media, and positive discipline techniques. **9 weeks, 6 pm – 7:30 pm Mondays. Call to register. Childcare is available.**

### **Teen LEAP (Learning Essentials about Parenting) for Parents and Teens Together**

This 10-week ongoing parenting class will provide parents with tools to successfully set limits for their teens and to open the lines of communication. This program is for parents and their teenage children, **no child care is available at this program. 10 weeks, 6pm – 7:30 pm Thursdays. Call to register. Must start on week 1 or week 5.**

### **Warmline**

This is your connection to parenting information. It is a link to expert, non-emergency advice on the day-to-day trials of child rearing. **Call 715-848-1457.**

### **One-To-One Parenting Sessions**

Trained staff will provide parenting information and support to families. If you would like an individualized parenting consultation, **call 715-848-1457.**

### **In-Home Parent Education**

This 3-month in-home program provides visits with a parent educator to help improve parenting skills and teach positive discipline techniques. The program is tailored to meet individual needs. **Call to register 715-848-1457.**

### **LENA Start Marathon County**

Jump start your 0 - 32 month old for success in school and in life with this free 10 - week program that emphasizes the importance of early communication. Enjoy a free meal each week while engaging about the importance of early talk. Includes FREE childcare, books, and incentives. **Summer group will be held at Marathon County Public Library from June 19th through August 21st from 12:30 - 1:30pm. Must start June 19th. Sign up at LenaStartMC.org or by texting 715-660-0397. More sessions starting September 2019.**

Visit us at [Chw.org/communityservices](http://Chw.org/communityservices)

**Children's Hospital of Wisconsin**

**705 S. 24th Ave., Suite 400**

**Wausau, WI 54401**

**715-848-1457**

**Hours: Monday-Friday 8:30 am - 5pm**

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## Play and Learn Family Events:

### End of School Extravaganza

Tuesday, June 11th, 10am - 11:30am

Presented by Deborah Smith and Emily Nowicki

Celebrate the end of the school year with an outdoor bash at **Machmueller Park, 7200 Quentin St, Weston**. Take part in free play on the playground, a scavenger hunt, squirt bottle painting, a water balloon piñata party, and more!

**In the event of bad weather, activities will be rescheduled for June 18th.**

### Fire Safety at the Library

Wednesday, July 17th, 10am - 11:30am

Presented by Stephen Hass, Mosinee Fire Chief and Ashley Colstad, Mosinee Librarian

Spend this special summer story time at the **Mosinee Library, 123 Main St, Mosinee** learning about fire safety from an expert! Start the session with Ashley Colstad reading special fire safety books, before moving on to an ask the firefighter session where Stephen Hass will discuss what firefighters wear and how to stay safe in the event of a fire. Work on crafts and create your own fire safety plan before the day is done!

### Life's a Picnic

Friday, July 19th, 9:30am - 11am

Presented by Emily Nowicki

Pack a lunch and join us for a morning of outdoor play at **Doepke Park, 2200 S Mountain Rd, Wausau** in place of our usual Wausau library play and learn! Enjoy running, climbing, and sliding on the playground before settling down to finish our session with a story, your self-packed snacks, and some songs.

**In the event of bad weather, activities will be rescheduled for July 26th.**

### You've Got Mail

Thursday, August 29th, 10am - 11:30am

Presented by Emily Nowicki

Join us at the **Hatley Library, 435 Curtis Ave** for a half hour of free play and crafting before walking to the **Hatley Post Office, 200 Clark St., Hatley**. When we arrive, the post master will teach us about addresses, stamps, sorting mail, and mail carriers. This field trip is of top priority! Please bring 35 cents for a stamp and your walking shoes. **In the event of bad weather, we will drive to the post office.**

All programs are funded by Marathon County and Marathon County United Way and are provided free of charge.

Programs are not a DCE, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.

## Play and Learn Schedule and Locations:

Caregivers are a child's first and most important teachers. Take this opportunity to connect with others who have young children while participating in early learning activities that enhance your child's development and promote school readiness. All play and learns are free and open to the public, stop by at any location listed below to enjoy!

### Monday

GD Jones School  
1018 S. 12th Ave., **Wausau**  
9:00 - 10:30am

### Tuesday

Athens Community Hall  
221 Caroline St., **Athens**  
10:30 am - 12:00 pm

Machmueller Park  
7200 Quentin St.,  
**Weston**  
10:00 - 11:30 am

### Wednesday

Mosinee Public Library  
123 Main St., **Mosinee**  
10:00 am - 11:30 am

Village Building  
105 Park St., **Spencer**  
**2nd and 4th Wednesday**  
10:00 - 11:30 am

Stratford Public Library  
213201 Scholar St  
**Stratford**  
10:15 am - 11:45 am

### Thursday

Oak Street Park  
N 3rd Ave., **Edgar**  
10:00 am - 11:30 am

Hatley Public Library  
435 Curtis Ave., **Hatley**  
10:00am - 11:30 am

### Friday

Marathon City Village Hall  
311 Walnut St., **Marathon**  
**1st and 3rd Fridays**  
10:00 am - 11:30 am

Marathon County Public Library  
300 N. First St., **Wausau**  
9:30 am - 11:00 am

Look for us on Facebook!

facebook



United Way  
of Marathon County

