

Need Help? Help Starts Here



Dial 2-1-1 to connect to local resources:

Hu 2-1-1 txog kev pabcuam hov zejzog. Muaj neeg pab txhais lus Hmoob.

Llame al 211 para conectarse a los recursos. Traducción disponible en español.



FOOD

- Food pantries in your area
- Community meals
- Information about FoodShare or WIC
- Information about free/reduced-price school meals



IMPROVE FINANCIAL SITUATION

- Help finding a job or job training
- Assistance with utilities or other bills
- Education on finances, savings or budgeting



CHILD CARE/SERVICES

- Help finding child care
- Emergency diapers or formula
- Youth programming
- Mentoring
- Tutoring assistance for your child



HEALTH CARE

- Information about insurance or Medicaid
- Mental health counseling or substance abuse treatment
- Services for an aging family member



HOUSING

- Help paying rent or mortgage
- Emergency shelter
- Help finding affordable housing



PARENTING SUPPORT

- In-home parent coaching
- Parenting classes



CLOTHING

- Infant & children's clothing from Rebecca's Closet
- Clothing for an interview or new job from the Career Closet
- Steel-toed boots from Boots to Work



LEGAL

- Help finding an attorney
- Services for victims of domestic violence, sexual assault or abuse



TRANSPORTATION

- Information about transportation options



RaiseGreatKids.org

Talk • Sing • Read • Play
Every Child. Every Day.

Check out RaiseGreatKids.org for resources for parents and caregivers, local family friendly events and more.

**United Way
of Marathon County**
UnitedWayMC.org



GET CONNECTED. GET ANSWERS.

Free, confidential information & referral service – available for your health and human service needs. There are five easy ways to access information. Choose the one that's best for you:



Text

Text your zip code to **898-211**
Monday - Friday, 8am - 4pm*

*Standard message and data rates may apply. Text STOP to opt-out.

Dial 2-1-1, 24/7

715-848-2255 or 800-922-5590.
Language interpreter service is available if needed.



Online Chat

Chat with an Information Specialist online at: UnitedWayMC.org/get-help
Monday - Friday, 8am - 12pm



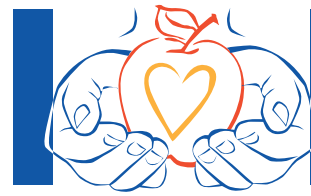
Email

Send your questions to
askus@unitedwaymc.org



Search our Database

Search our online database at UnitedWayMC.org/get-help and download free community resource publications.



Hunger Coalition Member Food Pantries Serving Wausau:

- **Covenant Community Presbyterian Church Food Pantry**
1806 Weston Ave, Schofield - 715-359-6467
- **First Hmong Missionary Alliance Church Food Pantry**
5500 Stettin Dr., Wausau - 715-842-9218
- **First Presbyterian Church Food Pantry**
406 Grant St., Wausau - 715-842-2116
(Community meals also offered).
- **Salvation Army**
202 Callon St., Wausau - 715-845-4272
- **The Neighbors' Place**
745 Scott St., Wausau - 715-845-1966
- **Wesley United Methodist Church Food Pantry**
1101 Elm St., Wausau - 715-842-3768

*Call for food pantry hours, information about what to bring with you to your pantry visit, and additional services offered.

Are you unable to get to a food pantry during its open hours? Here's an option that may help! Did you know...

Many food pantries allow a pre-authorized person of your choice (Proxy) to pick up food for you/your family in certain situations. Examples of situations when a Proxy may be appropriate include:

- If you have a medical issue, disability or other condition that makes pick up at the food pantry impossible for you.
- If your work hours conflict with the food pantry's scheduled hours.

Please call a specific pantry in advance to find out if they allow Proxy pick ups and details about their Proxy requirements and process, as the process varies by pantry.