

# Need Help? Help Starts Here



## Call 2-1-1 to connect to local resources:

Hu 2-1-1 txog kev pabcuam hov zejzog. Muaj neeg pab txhais lus Hmoob.

Llame al 211 para conectarse a los recursos. Traducción disponible en español.



### **FOOD**

- Food pantries in your area
- Community meals
- Help signing up for food stamps or WIC
- Information about free/reduced-price school meals



### **IMPROVE FINANCIAL SITUATION**

- Help finding a job or job training
- Assistance with utilities or other bills
- Education on finances, savings or budgeting



### **CHILD CARE/SERVICES**

- Help finding daycare
- Youth programming
- Mentoring
- Emergency diaper or formula
- Tutoring assistance for your child



### **HEALTH CARE**

- Help signing up for insurance or Medicaid
- Mental health counseling or substance abuse treatment
- Services for an aging family member



### **HOUSING**

- Help paying rent or mortgage
- Emergency shelter
- Help finding affordable housing



### **PARENTING SUPPORT**

- In-home parent coaching
- Parenting classes



### **CLOTHING**

- Infant & children's clothing from Rebecca's Closet
- Clothing for an interview or new job from the Career Closet
- Steel-toed boots from Boots to Work



### **LEGAL**

- Help finding an attorney
- Services for victims of domestic violence or sexual assault or abuse



### **TRANSPORTATION**

- Information about transportation options



**RaiseGreatKids.org**

Talk • Sing • Read • Play  
Every Child. Every Day.

Check out [RaiseGreatKids.org](http://RaiseGreatKids.org) for resources for parents and caregivers, local family friendly events and more.

**United Way  
of Marathon County**  
[UnitedWayMC.org](http://UnitedWayMC.org)

